Dorado Stars Equipment List

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| EQUIPMENT | SP | YSP | J1 | J2 | J2 INTRO | SA | CT | SS |
| Snorkel\*\* | **X** | **X** | **X** | **X** | **X** | **X** | **X** | **X** |
| Kickboard | **X** | **X** | **X** | **X** | **X** | **X** | **X** | **X** |
| Pull Buoy | **X** | **X** | **X** | **X** | **X** | **X** | **X** |  |
| Mesh Bag | **X** | **X** | **X** | **X** | **X** | **X** | **X** | **X** |
| Skipping Rope\*\* | **X** | **X** | **X** | **X** | **X** | **X** | **X** |  |
| Water Bottle | **X** | **X** | **X** | **X** | **X** | **X** | **X** | **X** |
| Finis Finger Paddles (Sr. & Jr.) | **X** | **X** | **X** | **X** | **X** |  |  |  |
| FINS  Arena Tech  PRO | **X** | **X** | **X** |  |  |  | **X\*Note below** |  |
| TYR Catalyst Paddles | **X** | **X** | **X** |  |  |  | **X** |  |
| Pull BAND\*\* | **X** | **X** |  |  |  |  |  |  |
| Yoga Mat\*\*\* | **X** | **X** | **X** | **X** | **X** |  |  |  |
| Roller\*\*\* | **X** | **X** |  |  |  |  |  |  |
| FINS- Zoomers or Speedo |  |  | **X** | **X** | **X** | **X** | **X\*** | **X** |

**CT \*Fins: One pair needed. Choose a brand that suits you best**

**We ask that each item be included in the athlete’s mesh bag, each piece of equipment is required for effective dryland and swimming exercises/stroke and technical development.**

**\*\* Items have been low in the past for groups that require them. An individual skipping rope is required for not only training but at meets for activation\*\***

**\*\*\*Optional item\*\*\***